

Blood Donation Opportunities

July 1-15, 2013



**American
Red Cross**

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Help spark the Red Cross blood supply this summer

OMAHA, Neb. (June 17, 2013) — While Independence Day will surely ignite many fireworks extravaganzas, the American Red Cross is counting on volunteer donors to spark the nation's blood supply. The need for blood is constant, especially around the summer holidays, when eligible donors have even less time in their busy schedules to give.

As part of the Red Cross Summer of Stories campaign to increase donations when they historically drop, all presenting donors between July 1 and 15 could win one of five \$3,000 American Express gift cards. Donors are also encouraged to visit redcrossblood.org/summer to share their summer blood donation stories and watch videos of patients whose lives were touched by donors.

To learn more and make an appointment to donate blood, visit redcrossblood.org or call 1-800-RED CROSS.

Upcoming blood donation opportunities:

Cass County

July 12 from 9 a.m. to 3 p.m. at Conestoga High School, 8404 42nd St. in Murray, Neb.

July 15 from 1-7 p.m. at Elmwood-Murdock High School, 300 Wyoming in Murdock, Neb.

July 15 from 11:30 a.m. to 5:30 p.m. at VFW Post 2543, 510 First Ave. in Plattsmouth, Neb.

Jefferson County

July 9 from 11:30 a.m. to 5:30 p.m. at Elk's Club, 525 G St. in Fairbury, Neb.

Johnson County

July 11 from 12-6 p.m. at St. Andrew Catholic Church, 561 Jackson in Tecumseh, Neb.

Lancaster County

July 2 from 9 a.m. to 3 p.m. at Home Real Estate, 7211 S. 27th St. in Lincoln, Neb.

July 3 from 11:30 a.m. to 5:30 p.m. at Russ's Market, 33rd Street and Hwy 2, in Lincoln, Neb.

July 3 from 11:30 a.m. to 5:30 p.m. at Russ's Market, 2840 S. 70th, in Lincoln, Neb.

July 5 from 11:30 a.m. to 5:30 p.m. at Russ's Market, 130 N. 66th St., in Lincoln, Neb.

July 6 from 10 a.m. to 3 p.m. at Best Buy, 400 N. 48th St., Suite E1, in Lincoln, Neb.

Share Red Cross blood donation stories this summer

Twitter: Share a story and use the #SummerofStories hashtag.

Facebook: Encourage friends to join in donating blood this summer and giving patients a summer of stories. Be sure to share your own donation experiences and pictures, too.

Instagram: Share a story in a picture and tag it with the #SummerofStories hashtag.

Website: Share your story on the Red Cross website at redcrossblood.org/summer.

The need is constant. The gratification is instant. Give blood.™

July 13 from 8 a.m. to 1:30 p.m. at College View Seventh Day Adventist Church, 4015 S. 49th St. in Lincoln, Neb.

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Nemaha County

July 12 from 10:30 a.m. to 4:30 p.m. at Peru State College Student Center, 600 Hoyt St. in Peru, Neb.

Otoe County

July 8 from 11 a.m. to 5 p.m. at Eagle's Club, 600 First Corso in Nebraska City, Neb.

July 9 from 7:30 a.m. to 12 p.m. at Nebraska City Medical Clinic, 1700 14th Ave. in Nebraska City, Neb.

July 12 from 10 a.m. to 2:30 p.m. at St. Mary's Hospital, 1314 Third Ave. in Nebraska City, Neb.

How to donate blood

Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or visit us on Twitter at [@RedCross](https://twitter.com/RedCross).

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