RESPITE PROVIDER TRAINING

The Respite Education and Support Tools (REST) training program assists individuals in becoming effective volunteer respite workers by learning the three key steps of support: prepare, care and connect. During this unique, interactive training program, participants will receive the education and tools needed to be confident and successful in providing respite care to adults and children.

PURPOSE: To prepare participants to become effective volunteer respite workers.

TARGET AUDIENCE: All healthcare professionals and community members interested in being a respite provider for families in need.

OBJECTIVES:

- Understand what a family might need/expect from them when caring for their loved one.
- Identify and respect the family caregiver's and care recipient's needs, preferences and privacy.
- Provide a meaningful experience for the care recipient (i.e. enjoyable, stimulating, enriching or therapeutic activities).
- Ensure a safe and healthy environment.
- Connect with the care recipient.

PRESENTER: Elizabeth Chentland, M.P.H.

DATE/TIME: September 27, 2013 from 9 a.m. – 5 p.m. (lunch provided)

LOCATION: Sump Memorial Library Meeting Room #25 – 222 North Jefferson Street in Papillion, NE.

FEE: There is a $15 course fee for materials.

CONTINUING EDUCATION: This educational activity has been approved for 8.4 contact hours for IA/NE nurses through Iowa Western, Iowa Board of Nursing Provider #6.

REGISTRATION: To register, call 402-339-4334 ext. 209 or email nevans@sarpy.com by September 20, 2013.

This class is hosted by the Sarpy/Cass Department of Health & Wellness as part of the Senior CARE program. For more information on Senior CARE or upcoming events, please visit our website at www.sarpycasshealthdepartment.org/Seniors.